



ORTHOPEDICS & SPORTS MEDICINE

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COVID-19 UPDATE

Effective December 17, 2020

EXPANDED TESTING AND QUARANTINE REQUIREMENTS FOR TRAVEL. The governor issued an emergency order requiring Marylanders to limit all travel to essential purposes only. All Marylanders who do travel outside of Maryland or any individuals who do travel to Maryland must either obtain a negative COVID-19 test result or self-quarantine for 10 days. This applies to all states, with the exception of Delaware, Pennsylvania, Virginia, West Virginia, and Washington, DC.

Patients must answer the following questions:

- Are you experiencing cold or flu symptoms, a fever, cough, shortness of breath, or loss of taste/smell?
- Have you had close contact with anyone diagnosed with COVID-19 in the last 2 weeks?
- Have you traveled outside Maryland (except states listed above) within the last 2 weeks?
- Have you been diagnosed with COVID 19 in the last 3 weeks?
 - *If Yes to any of the above questions: Have you been symptom free for 10 days or longer? Do you have a negative COVID test result?*